

GB

*Electronic  
Acupuncture Device  
– Art. No. 93 423  
User Manual (Not  
for medical use)*



### Introduction

A major innovation for the relief of pain and muscular tension. It is very easy to use on yourself (with only one hand). It works with one piece 9V alkaline battery (6LR61, not supplied). By stimulating sensitive areas, it will relieve your muscular tension and pain and will restore your sense of well-being. The stimulation will also revitalise and energise your whole body. It is portable, you can take it anywhere and use it anytime.

### How does it work?

It works by enabling your body to reactive the secretion of a natural hormone, endorphin, released by the brain, which is responsible for relieving pain. Endorphin stops secreting correctly when it has to increasingly fight against frequent pains. It activates this body function by acting locally on pain points, using its 36 gold-plated tips.

### Precautions for use

Do not apply the device near to injuries, cuts, wounds or rashes. Do not use if you have heart or coronary problems, if you suffer from thrombosis or in the event of pregnancy. If in doubt, ask your doctor for device.

On the following parts you will find specific detailed recommendations for the correct use of this device.

NOTE: this device must be kept out of the reach of children.

### How to use it?

To start the session, the following procedure must be adhered to:

1. Switch on the device. Turn the wheel on the side and first select the lowest level of intensity (start with the lowest). It totally has five levels of intensity.
2. Place the device on the sensitive area of the body (avoiding the areas listed above) and stimulate this part of the body using light circular movements.

3. Choose the right level of intensity by turning the wheel of the device until you feel a tingling sensation. This should be a pleasant sensation and means that you have reached the correct level of intensity. You can change this degree of intensity during the session but it must remain tolerance.

### RECOMMENDATION:

For extra precaution, start off by selecting the lowest level of intensity. When you use the highest level of intensity, ONLY make circular movements, NEVER keep the head of the device in one and the same spot. Stimulate the chosen area, preferably using light circular movements on the skin for 3-7 minutes (or more according to the adjustments and depending on how sensitive you are).

Do not press the device too hard onto the skin as that could cause irritation.

4. If the device is used as soon as the pain occurs, it may be relieved from the first session. Repeat the session if the pain returns. In the case of chronic pain, you will obtain better results after several sessions by spacing them out at regular intervals.

NOTE: some redness may appear during or after the session but this will quickly disappear.

The diagram below shows traditional acupuncture points that can best help to restore your well-being.



- **Headaches**  
2 mn on every point  
minimum intensity
- **Revitalization**  
2 mn on every point  
minimal intensity
- **Back pain**  
3 mn on every point  
average intensity
- **Shoulder pain**  
2 mn on every point  
minimal intensity
- **Insomnia**  
3 mn on every point  
medium intensity

## Headaches



**Figure 1**  
Make circular movements with your device on the areas described on the diagrams below.



**Figure 2**  
Fig.1 - most effective for minor headaches



**Figure 3**  
Fig. 2 - congestion  
Fig.3 - for headaches in general

## Back pains



**Figure 1**  
The most common is in the lower back. It can be caused by a sudden movement, bad posture, a tense muscle, etc... Stimulate the area indicated on the diagram below

## Schouderpijn

Cause: tight muscle, intensive exercise, stress, etc... Make circular movements to stimulate the areas shown below with your device, adhering to the conditions stated in the "Precautions for use".



## Elbow pains



Cause: tight muscle, intensive exercise, stress, etc...  
Make circular movements over the areas shown below with your device

## Knee pains

Cause: tight muscle, intensive exercise, stress, etc...  
Make circular movements to stimulate the areas shown below with your device, adhering to the conditions stated in the "Precautions for use"



**Figure 1**



**Figure 2**

Fig.2: most effective for relieving knee pain

**ATTENTION!!!**  
The returns will be impossible if products were damaged because of incorrect use.

**DISPOSAL:**  
The packaging material is reusable. Dispose of the packaging in an environmentally friendly way by putting it in the appropriate recyclable waste collection containers.



Dispose of the product and the batteries in view of the environment if you want to separate. The device and the batteries must not be thrown in with domestic waste. Take them to a recycling center for used electrical and electronic devices. For more information you can consult your local government. Remove batteries first.

Eurotops Versand GmbH  
Elisabeth-Selbert-Straße 3  
40764 Langenfeld, Germany



If technical support is needed, please call ...  
in Germany 0180 . 530 63 63\* or  
info@eurotops.de  
in Austria 01 . 230 60 43 12 or  
info@eurotops.at  
in Switzerland 044 . 28 36 125 or  
info@eurotops.ch  
in the Netherlands 026 . 37 36 333 or  
info@eurotops.nl  
in France 0892 . 700 470\*\* or  
info@eurotops.fr

\* 14 Cents/minute via German landline, max. 42 cents/minute via mobile phone network  
\*\*34 Cents/minute via French landline

A possible return of products should be addressed to the return address stated on your invoice.

© 19.06.2019